

RMPS



**PE & Aesthetics Sharing
2025**

Broad Goals of PE, CCA & Aesthetics Department

To provide a quality PE, Art and Music education that nurture students' physical and aesthetics talents and abilities, and cultivate their interest in adopting a healthy lifestyle and develop an appreciation towards the arts.

Physical Education



GOALS OF PE



- Movement Competence: Students are competent and confident to participate in a range of physical and outdoor activities.
- Healthy Lifestyle Practices: Students have a personal commitment to healthy lifestyle practices in physical activity, nutrition, sleep, outdoor time and hygiene.
- Safety Mindset: Students apply risk assessment to manage daily and physical activities with respect to self, others and the environment.
- Core Values: Students make informed and responsible decisions with regard to personal behaviour and social interactions based on sound values-based judgements.
- Enjoyment: Students enjoy and value physical activities and healthy living in a sustainable way.

SCOPE OF PE

- Athletics
- Dance
- Games and Sports
- Gymnastic
- Swimming (P3)
- Outdoor Education
- Physical Health and Safety



Focus of P1 & P2 Syllabus

Fundamental Movement

- Locomotor skills
- Non-locomotor skills
- Manipulative skills



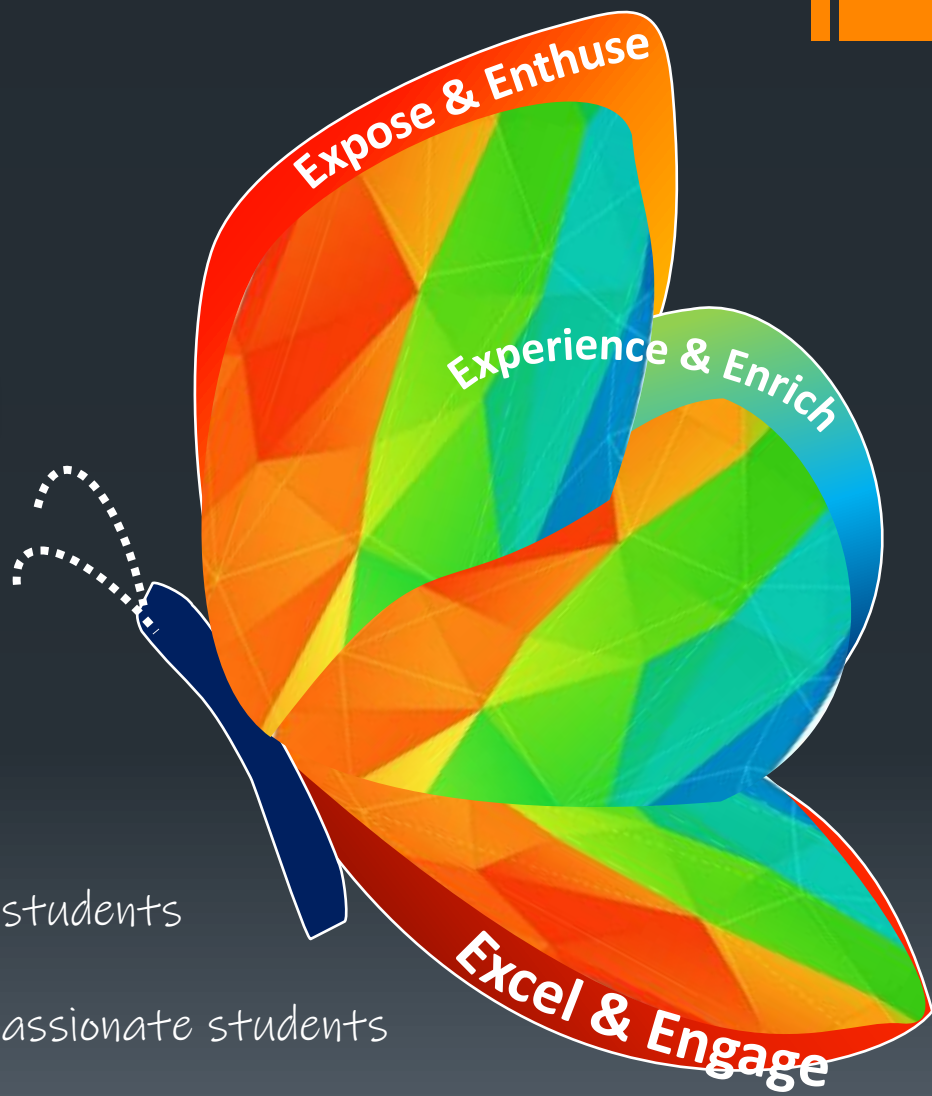
Educational Gymnastics/ Dance

- Movement
- Body awareness
- Coordination
- Sense of rhythm





RMPS Aesthetics Curriculum



Expose _{εi3} Enthuse *all students*
 Experience _{εi3} Enrich *passionate students*
 Excel _{εi3} Engage *active artists and connected audience*

ART

The art curriculum in primary schools provides the foundation for all primary students to **understand art as a way of learning about themselves and the world around them.**

The aims of art education are to enable every child to:

- **Enjoy art,**
- **Communicate visually and**
- **Make meaning through connecting with society and culture.**

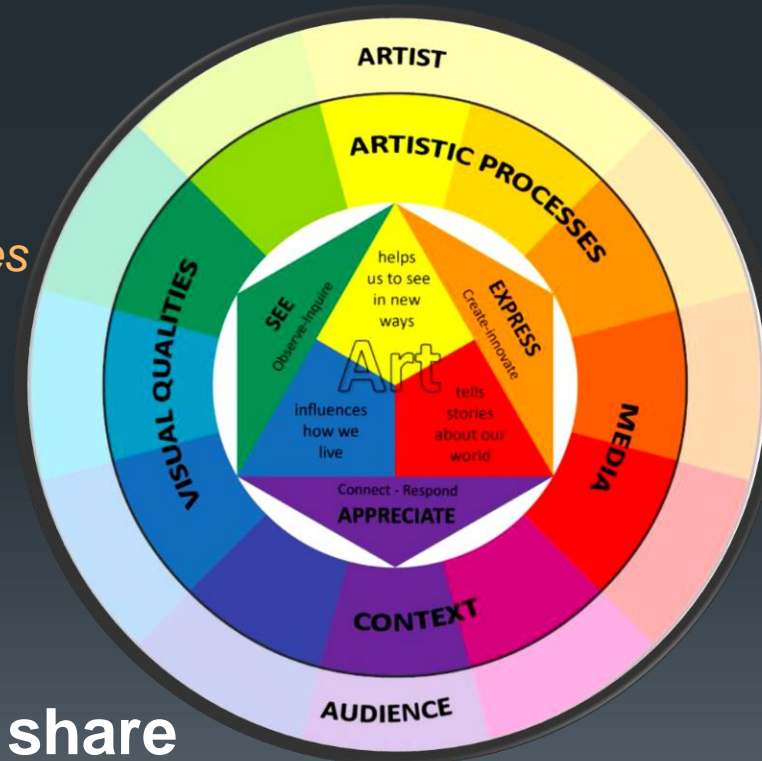


The objectives of the art syllabus are achieved mainly through

See, Express and Appreciate

At the P1 and P2 level, the learning outcomes are as follows:

- 1. Identify simple visual qualities**
in what they see around them
- 2. Draw to express curiosity, ideas and things**
that relate to personal interests and experiences
- 3. Play with a variety of materials & tools**
to create different effects in their art
- 4. Explore and use visual qualities, materials & artistic processes to share**
personal interests, imagination and curiosity in their art making



The objectives of the art syllabus are achieved mainly through

See, Express and Appreciate

At the P1 and P2 level, the learning outcomes are as follows:

5. Collect artefacts/learning evidence

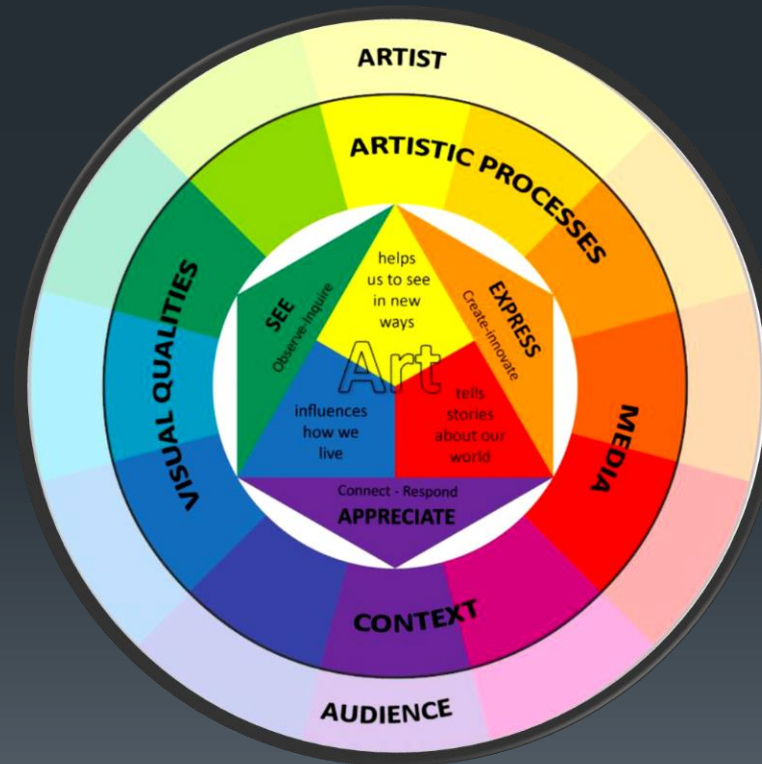
for portfolio based on given criteria

6. Share and talk about their artworks

using appropriate art vocabulary

7. Discuss and relate artworks

created by others to their own artworks and experiences



Although Art is non-examinable subject at the primary level, assessment in Art is important to provide feedback about child's holistic development.

- To: Students, Parents, Teachers, School Leaders etc
Others like: Secondary School, DSA Application etc



MUSIC

Music Programme is offered to all students in primary and secondary schools.

It is a key platform to provide every child with a basic music education, giving them opportunities to develop a connection to music.



RMPS P5

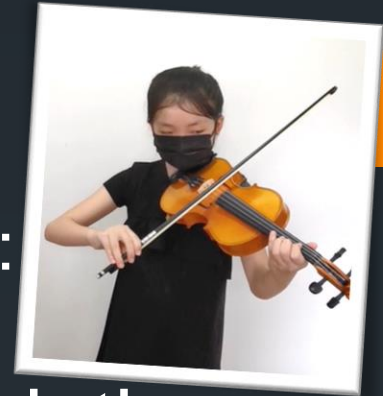
learning Ukulele

(Photo taken in Jan 2020)

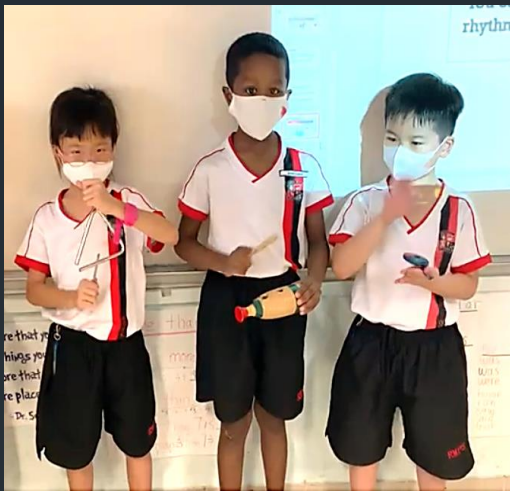
AIMS of Music Syllabus

The aims of Music Syllabus are as follows:

- Develop awareness and appreciation of music in local and global cultures
- Develop ability for creative expression and communication through music
- Provide the basis to develop an informed and life-long involvement in music



RMPS Music cultivates appreciation for world music.



Music curriculum designed in RMPS allows students to experience musical concepts through games and activities, followed by presentation of the musical concept by the teacher and reinforcement of the concept through singing and playing of classroom percussion music instruments.

RMPS P1 students making music

In addition, through learning folk dances and folk songs from European and Asian countries, students will be given the exposure to different cultures since young to cultivate appreciation for world music.



Recess Music Appreciation Performance

P1 & P2 MUSIC SYLLABUS & PROGRAMMES

- The focus at P1 and P2 music are song & movement, learning percussion instruments such as using the handbell, tambourine, cups and wooden blocks
- Perform and create Music in both instrumental & vocal settings, individually and in groups
- ICT is weaved into the curriculum where students go through E-music at P4



There will be platforms for students to perform such as PAM Week, Radin Mas Got Talent and various school celebrations. Aesthetics assembly will also be conducted to expose students to various music forms

P1 & P2 Key PAM Programmes

- P1 Camp
- Mini Olympics
- Art/Music Enrichment Programmes and Competitions (eg Radin Mas Got Talent)
- PAM Week – PE, Art, Music activities and live performances
- Assembly Programmes
- ACES Day
- Recess Play

Programme for Active Learning (PAL) @ RMPS

PAL Outcomes

- Exhibit confidence in what they do and express themselves effectively
- Exhibit curiosity and positive attitudes to learn
- Enjoy group experiences and teamwork



Characteristics of PAL

- Experiential in nature
- Fun and Enjoyable
- Encompasses learning in a creative way
- Provides opportunities for children to reflect
- Incorporates values education* and social and emotional learning
(responsibility, respect, resilience, integrity, care, harmony, school core values)*



PAL @ RMPS

- All Primary 1 and 2 students will participate in PAL
- 3 periods of PAL a week (T1 – 4)
- Each module consists of 7 lessons
- Use of classrooms, garden, field, PAL room and even Bukit Purmei Hillock

Primary 1	Primary 2
Sports & Games	Sports & Games
Outdoor Education	Outdoor Education
Performing Art (Music)	Performing Art (Dance)
Visual Arts	Visual Arts

RMPS PAM PHILOSOPHY



- PE, Art, Music and PAL lessons are essential components of a holistic education.
- Every child should learn and enjoy PE, Art, Music and Outdoor Education.
- Every child should be exposed to a wide range of sports and games, art and music genres and outdoor education activities.

Your Role as a Stakeholder

- Believe in the importance of PAM education
- Encourage our students who are interested to participate actively in sports and games and to pursue the Arts
- Support our PAM programmes and initiatives



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